



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am Boot Camp		6:00-7:00am Boot Camp		6:00-7:00am Boot Camp		
8:30-9:30am Boxing	8:30-9:30am Body Conditioning	8:30-9:30am Boxing	8:30-9:30am Beast Mode	8:30-9:30am Boxing	9:00-10:00am Interval Training	9:30-10:30am Boxing 'n' Conditioning
6:30-7:30pm Beast Mode	6:30-7:30pm Boxing 'n' Conditioning	6:30-7:30pm Interval Training	6:30-7:30pm BoxingNMore		Fee Schedule Single Class \$20.00 10 Classes \$130.00 Unlimited Month \$160.00	

G Way Fitness
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