



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30-9:30am Cardio Kickboxing	8:30-9:30am Beast Mode	8:30-9:30am Bag Cardio Kickboxing	8:30-9:30am Interval Training	8:30-9:30am Cardio Kickboxing	9:00-10:00am Interval Training	9:30-10:30am Kickboxing 'n' Conditioning
6:30-7:30pm Bag Kickboxing	6:30-7:30pm Tabata Kickboxing	6:30-7:30pm Bag Kickboxing	6:30-7:30pm Kickboxing 'n' Interval Training			
7:30-8:30pm Fighters Conditioning	7:30-8:30pm Fighters Conditioning	7:30-8:30pm Fighters Conditioning	7:30-8:30pm Fighters Conditioning		<p style="text-align: center;">Fee Schedule</p> <p>Single Class \$18.00 10 Classes \$130.00 Unlimited Month \$150.00</p>	

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