

G Way Fitness
23241 Ventura Blvd. #119, Woodland Hills, CA 91364
818-681-8831, <http://www.gwayfitness.com>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday								
5:00-6:00am Early Bird Pump		5:00-6:00am Early Bird Pump													
6:00-7:00am Boot Camp		6:00-7:00am Boot Camp		6:00-7:00am Boot Camp											
8:30-9:30am Cardio Kickboxing	8:30-9:30am Sculpt 'n' Tone	8:30-9:30am Cardio Kickboxing	8:30-9:30am Body Conditioning	8:30-9:30am Cardio Kickboxing	8:00-9:00am Cardio Boxing		8:00-9:00am Body Blaster								
			9:30-10:30am Zumba		9:00-10:00am Interval Station Training	9:00-10:00am Booty Barre	9:30-10:30am Boxing 'n' Conditioning								
4:30-5:30pm Cardio Dance*				4:30-5:30pm Body Conditioning											
			5:30-6:30pm Cardio Dance*												
6:30-7:30pm Boxing 'n' Conditioning	6:30-7:30pm Boxing Plus	6:30-7:30pm Boot Camp	6:30-7:30pm Boxing 'n' Conditioning												
7:30-8:30pm Booty Barre	7:30-8:30pm Interval Station Training	7:30-8:30pm Boxing 'n' Conditioning			<table border="1"> <thead> <tr> <th colspan="2">Fee Schedule</th> </tr> </thead> <tbody> <tr> <td>Single Class</td> <td>\$18.00</td> </tr> <tr> <td>10 Classes</td> <td>\$130.00</td> </tr> <tr> <td>Unlimited Month</td> <td>\$150.00</td> </tr> </tbody> </table>			Fee Schedule		Single Class	\$18.00	10 Classes	\$130.00	Unlimited Month	\$150.00
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*Cardio Dance is a class for teens and adults with Down Syndrome and other developmental disabilities.